



# THE ROMAN Guy

A quest for authentic Italian food in Florence!

To learn more about our tours, visit us at [www.theromanguy.com](http://www.theromanguy.com)

## Dining



### L'Osteria de L'ortolano

Via deli Alfani, 91/r (Near Accademia) - Tel: +39 055 2396466 - Restaurant

The Roman Guy's favorite lunch spot in Florence. A typical Florentine grocery store where the shelves are stacked full of vinegars, oils and honeys. You wouldn't think this place served up lunch, but they do! And it's delicious! Pastas, meats & cheeses, all sourced from the family farm, can be washed down with some local wine at next no the cost. Pasta dishes start at 6 euros. Hungry yet?

PRICE:



AMBIANCE:



Mon-Sat 10:00 - 15:00  
Wed-Sat 18:00 - 22:00

RSVP:

**no need**

### Trattoria Mario

Via Rosina, 2/r (Near Central Market) - Tel: +39 055 218550 - Trattoria

Approaching this place at lunchtime, you'll see a crowd of people hanging around outside. The Roman Guy may be one of these people, but everyone is here for the same reason - Steak! This place is only open for lunch, so in order to squeeze everyone in and make several tummies happy, this little trattoria requires you to share tables with other diners - a great way to meet people! Florentine steak, pasta with wild board, you couldn't get more Tuscan if you tried. Friendly and vibrant staff, running around you and swooping dishes out from under your nose, the atmosphere enough will make you want to come back time and time again.

PRICE:



AMBIANCE:



Mon-Fri 12:00 - 15:30

RSVP:

**at the door**



# All'Antico Vinaio

Via dei Neri 65/r (Near Uffizi) - Tel: +39 055 2382723 - Bistro/Wine bar

Wander in here and head downstairs to admire the wine cellar and on your way back up steer left to the Osteria for a tasty local lunch or dinner.

PRICE:

AMBIANCE:

-   
Tue-Sat 10 - 16 | 18 - 23  
Sun 12 - 20

RSVP:  
**no need**

# BRAC



Via de' Vagellai 18/r (Near Uffizi) - Tel: +39 055 0944877 - Bistro

A modern and clean cut vegetarian bistro, set around a bright little courtyard. The setting is absolutely charming, offering a serene retreat from city life. Choose from a wide array of freshly prepared vegetarian and vegan dishes and, if you fancy practicing your Italian, buy a book from their bookstore afterwards.

PRICE:

AMBIANCE:

-   
Mon-Sat 12:00 - 00:00  
Sun 12:00 - 20:00

RSVP:  
**no need**

# Amblé



Piazzetta dei del Bene, 7/a (Near Uffizi) - Tel: +39 055 268528 - Bistro

A cozy little place in the center of town, this is the ultimate 'relax and feel at home' place for The Roman Guy in Florence. Quirky, with old furniture and good food, you can shop while you eat! Sit in or take away. The panini offered cater to carnivore, vegetarians and vegans. Perfect for everyone and a great place to find freshly squeezed juices.

PRICE:

AMBIANCE:

-   
10:00 - 22:00

RSVP:  
**no need**

# Miso di Riso



Borgo deli Albizi, 54/r (Near Santa Croce) - Tel: +39 055 2654094 - Bistro

Any vegetarian's and vegan's dream! Breakfast, lunch, aperitivo and dinner - everything is biological and locally produced. This place, run by husband and wife, is a little haven in Renaissance Florence. Try their savory pies!!

PRICE:

AMBIANCE:

-   
Wed-Fri 12:00 - 23:00  
Sat-Sun 10:00 - 23:00

RSVP:  
**no need**





# Antica Macelleria Fallorni

Borgo Sraontma Cerofocce, d6 t(Noeuar Santa Croce) - Tel: +39 055 245430 - Bistro

A butcher that occupies the basement and ground floor of the ancient medieval tower of the Donati in Florence offering traditional recipes that have been handed down from father to son for generations. Using pigs that they have been reared in the wild and a mix of Tuscan Chianti wine and spices, their sausages are the best in Florence! Well... according to the Roman Guy anyway. Although it is not the best place to take a vegetarian on a date, the meat plates are plentiful and the red wine is rich. Price: Medium Ambiance: Casual Hours: Mon- ; Sat-Sun 12:00 - midnight RSVP: No need!



# Enoteca Pinchiorri

Via Ghibelline, 87 (Near Santa Croce)- Tel: +39 055 242757 - Restaurant

Ever wondered what the result of a French chef cooking Tuscan cuisine would be like? Wonder no more. Pinchiorri takes french cooking techniques and applies them to the rustic charm of typical Tuscan dishes. With 3 Michelin stars and a basement which holds 12,000 bottles of fine wine, this may not make for a cheap dinner. If you're celebrating, however, then The Roman Guy highly recommend this place for its food.



# Trattoria da Rocco

Piazza Ghiberti (Sant'Ambrogio Market) - Tel: +39 339 296 3055 - Trattoria

Ingredients are sourced from the Sant'Ambrogio market, where this trattoria is situated. Feeding market goers for almost 30 years, 3 course lunch for 15 euros, including wine. Need I say anymore? The Roman Guy loves this place!





# Osteria del Caffè Italiano

Via dell'Isola delle Stinche 11-13/r (Santa Croce) - Tel: +39 055 289080 - Pizzeria

Informal and simple atmosphere, no reservations accepted. Enzo makes only three types of pizzas in the Napolitan style. If you become one of his favorite clients, like my friend Karen, you may even get a heart shaped pizza! No reservations, first come first served.



RSVP:  
**no need**

# Trattoria Casalinga

Via de' Michelozzi, 9/r (Near Ponte Vecchio) - Tel: +39 055 218624 - Trattoria

Translated to 'The Housewife's Trattoria' in English, this place has good grub at a good price, lunch or dinner. The family run restaurant serves typical Tuscan cuisine, simple recipes with lots of stewed beef dishes and cheeses. Located just off the square of the famous church by Brunelleschi Santo Spirito, just jump over the Ponte Vecchio bridge and you'll find this place teaming with locals.

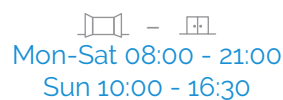


RSVP:  
**suggested**

# Cantinetta dei Verrazzano

Via dei Tavolini 18-20/r (Piazza della Repubblica) - Tel: +39 055 268590 - Cafe/Bistro

A baker & coffee bar on one side and a seated eating area on the other. This place has all the Florentine treats you have been dreaming of. Run by the Cappellini family, who own the Castle of Verrazzano perched on a hilltop of the Chianti region, you can sink your teeth into a variety of Italian cakes, stuffed Focacce and even sip on a quality wine which couldn't get more local than produced by the family itself!



RSVP:  
**no need**

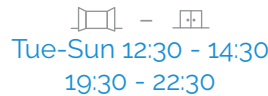




## Il Latini

Via dei Palchetti 6/r (Near S.Maria Novella)- Tel: +39 055 210916 - Trattoria

An old establishment in Florence and quality you just can't beat. Be prepared to sit at communal tables while you chow down on some real authentic Italian food. Simple and genuine, they pride themselves in saying that their establishment is a place where friendships are interwoven around the dinner table. Head underground to the wine cellar for a really special experience.



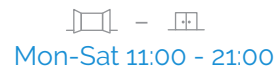
## Evening Drinks/Aperitivo



## Le Volpe e l'Uva

Piazza de Rossi, 1 (Near Ponte Vecchio) - Tel: +39 055 2398132

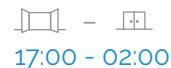
Delightful enoteca and wine bar on the west bank of the river, with a great selection of Italian and French labels. Buy a bottle or enjoy a glass accompanied by local cured meats and cheeses. Perfect place to relax after a day of sightseeing.



## The Cocktail Bar

Via dell Oche, 15/r (Near S.Maria Novella) - Tel: +39 055 2654511

This trendy Florentine cocktail bar sits just around the corner from the Duomo and serves up some incredible cocktails. The mixologists are impressive to watch and the price isn't so bad either. Perfect for an after dinner cocktail.





## Negroni Bar

Via dei Renai 17/r (Near Piazzale Michelangelo) - Tel: +39 055 243647

Popular with the locals, this is The Roman Guy's number one spot for aperitivo before dinner (and he sometimes goes back after dinner too). It is located on the other side of the river and is near piazzale Michelangelo where you can take in panoramic views of Florence. Perfect for Romance.



## Caffe Bereto

Piazza degli Strozzi, 5/r (Near Piazza della Repubblica) - Tel: +39 055 283156

Stylish and trendy with great outdoor seating in front of the famous Renaissance Palazzo Strozzi. Enjoy a glass of their own Chianti wine or a spritz (aperol & champagne). Nice for a light lunch for lunch, an aperitivo-buffet in the evenings and for those who are up late at night - it turns into an upscale disco.



## Gelato



## Edoardo Bio

Piazza del Duomo, 45/r (Near S.Maria Novella) - Tel: +39 055 281055

Biological gelato right beside the Duomo. Watch them roll their own cones!





## Perché No?

Via dei Tavolini, 19/r (Near S.Maria Novella) - Tel: +39 055 239 8969

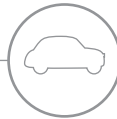
Well, why not? Between the Duomo and Piazza della Signoria.

## Carabè

Via Ricasoli 60/r (Near Accademia) - Tel: +39 055 289476

After seeing Michelangelo's David make sure you stop to get the best granita (a Sicilian slushy) in town. Almond & coffee is just divine during those hot summer months.

## Transportation



### Bus

Bus tickets can be purchased at any Tobacco shops/coffee bars/ATAf ticket machines. They cost 1.20 euros and are good for 90 minutes from validation. They must be validated as you enter the bus.

### Taxi

055 4242  
055 4390

## Emergency Contact Numbers:

118 – Ambulance  
112 – Carabinieri  
113 – Police  
115 – Fire Department



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